



September 2024



						Thursday 5th		Friday 6th	
1		1		1		1	Mixed Salad	1	Russian salad
2		2		2		2	Fishfingers chips and peas	2	Chicken Pinchito with diced tomato
2		2		2		2	Veggie sticks with chips and peas	2	Vegetables with diced tomato
3		3		3		3	Ice-cream	3	Watermelon
Monday 9th		Tuesday 10th		Wednesday 11th		Thursday 12th		Friday 13th	
1	Green Salad	1	Mixed Salad	1	Peppers Salad	1	cucumber and carrots	1	Mixed Salad
2	Bolognese Pasta with garlic bread	2	Spanish Omelette with Tomatoes	2	Fish Paella	2	Chicken Curry	2	Irish Hamburger with Chips
2	Napolita Pasta with Garlic bread	2	Spanish Omelette with Tomatoes	2	Fish Paella	2	Vegetable Curry	2	Vegetable Hamburger with chips
3	Apples	3	Custard	3	Bananas	3	Ice-cream	3	Oranges
Monday 16th		Tuesday 17th		Wednesday 18th		Thursday 19th		Friday 20th	
1	Green Salad	1	Mixed Salad	1	Tomato Salad	1	Greek Salad	1	Gazpacho
2	Meatballs in sauce with Chips	2	Chicken, Pasta and vegetables	2	Fried Fish with roast potato and carrot	2	Chili con carne and rice	2	Ham and Cheese Pizza with Chips
2	Vegatarian Meatballs with chips	2	Mixed vegetables with Pasta	2	Fried Fish with roast potato and carrot	2	Vegetables with rice	2	Cheese/Tuna Pizza with Chips
3	Apples	3	Yogurt	3	Tangerines	3	Ice-cream	3	Watermelon
Monday 23th		Tuesday 24th		Wednesday 25th		Thursday 26th		Friday 27th	
1	Tuna Salad	1	Tomato and cucumber salad	1	Pasta Salad	1	Malagueña Salad	1	Green Salad
2	Napolita Pasta with Garlic bread	2	Breaded Chicken Fillet with rice salad	2	Oven Baked Fish with Potatoes	2	Chicken Enchiladas and Nachos	2	Sausages, mash potatoes and Beans
2	Napolita Pasta with Garlic bread	2	Rice Salad with aubergines	2	Oven Baked Fish with Potatoes	2	Vegetarian Enchiladas with Nachos	2	Mash Potatoes with Vege sausages and Beans

3	Banana	3	Yogurt	3	Oranges	3	Ice-cream	3	Apples
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Septiembre 2024



						JUEVES 5		VIERNES 6	
1		1		1		1	Ensalada Mixta	1	Ensaladilla Rusa
2		2		2		2	Varitas de merluza, patatas y guisantes	2	Pinchito de pollo con tomate picado
2		2		2		2		2	Pisto de verduras
3		3		3		3	Helado	3	Sandia
LUNES 9		MARTES 10		MIERCOLES 11		JUEVES 12		VIERNES 13	
1	Ensalada de lechuga	1	Ensalada Mixta	1	Ensalada pimientos	1	palitos de zanahoria y pepino	1	Ensalada Mixta
2	Pasta Napolitana con pan de ajo	2	Tortilla de patatas con tomate	2	Paella de pescado	2	Pollo al Curry con arroz	2	Hamburguesa Irlandesa con Patatas fritas
2	Pasta Napolitana con pan de ajo	2	Tortilla de patatas con tomate	2	Paella vegetariana	2	Verduras al Curry con arroz	2	Hamburguesa Vegetariana con patatas
3	Manzana	3	Natillas	3	plátano	3	Helado	3	Naranjas
LUNES 16		MARTES 17		MIERCOLES 18		JUEVES 19		VIERNES 20	
1	Ensalada Verde	1	Ensalada Mixta	1	Tomate picado	1	Bastoncillos de Pimientos	1	Gazpacho
2	Albondigas de ternera salsa y patátas	2	Pollo con verduras y pasta	2	Pescado Frito con patátas cocidas y zanahorias	2	Chile con carne con arroz	2	Pizza Jamón y Queso/Atún
3	Albondigas Vegetarianas en salsa con patátas	2	salteado de verduras con Pasta	2	Pescado al horno con patatas y verduras	2	Verduras salteadas con arroz	2	Pizza tomate y queso/Atún
3	Plátano	3	Yogurt	3	mandarina	3	Helado	3	Sandia
LUNES 21		MARTES 21		MIERCOLES 22		JUEVES 23		VIERNES 24	
1	Ensalada Mixta con atún	1	Tomate y Pepino	1	Ensalada de pasta	1	Ensalada Malagueña	1	Ensalada de Lechuga
2	Pasta Napolitana con pan de ajo	2	Filete de pollo empanado con ensalada de arroz	2	Pescado al horno con patáta y menestra	2	Enchilada de pollo	2	Pure de patatas con Salchichas y habichuelas

2	Pasta Napolitana con pan de ajo	2	Berenjenas fritas con ensalada de arroz	2	Salteado de verduras al horno	2	Enchilada de verduras	2	Pure de patatas con Salchichas de verduras y habichuelas
3	Plátano	3	Yogurt	3	Naranjas	3	Ice-Cream	3	Manzana

